

7th Street Café Menu

SANDWICHES & WRAPS

Breakfast (served until 11am only)

Bagel Vn	\$1.49
Bagel with Cream Cheese Vg	\$3.49
Heuvos Rancheros Wrap Vn ●	
spinach wrap, egg, bacon, cheddar, refried beans, corn chips, chipotle spread, salsa (vegan: just egg patty, Vegan cheese, vegan chorizo crumble)	\$7.99
Smoked Salmon Bagel ●	
bagel, smoked salmon spread, capers, red onion, arugula	\$7.99
Egg & Cheese Vg ●	
bagel, egg, cheese.	\$5.99
(add protein for \$1.00, veg/spread/cheese 50¢)	

Simply Perfect **\$5.49**

Toasted Cheese **Vg** **●**
choice of cheese on your choice of bread

**In an effort to reduce cross-contamination, we will no longer be making PB&Js to order. They will be available in the Grab 'n Go section daily.*

Signature Sandwiches **\$8.49**

Tomato & Mozzarella **Vg** **●**
tomato, mozzarella, with a pesto spread on a ciabatta

Vegan Hummus **Vn** **Vg** **DP**
house-made hummus, tomato, cucumber, carrots, mixed Mediterranean veggies on a spinach wrap

Super Veggie **Vg**
lettuce, tomato, sprouts, veggie yogurt cheese, cucumbers, carrots, dijonaise on honey multigrain

Chicken Salad Wrap
house made chicken salad, lettuce, spinach wrap

DF Dairy Free **Vn** Vegan **Vg** Vegetarian **●** Toasted

Premium Sandwiches **\$9.49**

Turkey/Vegan Reuben **Vn** **Vg** **●**
turkey/Field Roast®, Swiss/vegan Gouda, Russian dressing, sauerkraut on rye

Mediterranean **Vg** **●**
portobello mushrooms, pesto spread, mozzarella topped with Mediterranean veggie mix on ciabatta

Common Market BLT/Seitan Stack **Vn** **Vg** **DP** **●**
bacon/seitan, tomato, lettuce, red onion, vegan chipotle spread on sourdough

Fak'n Egg Salad Wrap **Vn** **Vg** **DP**
tofu "egg salad", seitan, sprouts, carrots, lettuce, vegan chipotle spread on a spinach wrap

Common Market Club **DP**
turkey/Field Roast®, bacon/seitan, spinach, tomato, avocado, vegan chipotle spread on a spinach wrap

Garden Turkey
turkey, spinach, avocado, sprouts, red onion, veggie yogurt cheese, vegan mayo on honey multigrain

Ham & Swiss
ham, Swiss, red onion, lettuce, tomato, dijonaise on rye

Turkey Apple Cheddar Melt **●**
turkey, sliced apple, cheddar, dijonaise on sourdough

Tuna Melt **●**
sustainably-caught tuna, cheddar, avocado on honey multigrain

Common Market Roast Beef **●**
roast beef, cheddar, red onion, tomato, vegan chipotle spread on sourdough

Build Your Own

Veggie **\$8.49**
your choice of bread, 1 cheese or cheese alt., 2 spreads, up to 4 veggies

Classic **\$9.49**
your choice of bread, 1 meat or meat alt., 1 cheese or cheese alt., 1 spread, 2 veggies

Breads

spinach tortilla, rye, sourdough, honey multigrain, ciabatta, plain bagel, everything bagel, gluten-free everything bagel*, gluten-free O'Doughs flatbread*, gluten-free Northern Bakehouse Whole Grain

Spreads

Russian dressing, vegan chipotle spread, whole grain mustard, vegan mayo, hummus, dijonaise, hot sauce, pesto spread

Cheeses

cheddar, Swiss, mozzarella, vegan gouda, veggie yogurt cheese

Meats

oven-roasted turkey, oven-roasted ham, roast beef, bacon, tuna salad

Meat Alt.

seitan, seasoned portobello mushrooms, Field Roast®, Eggless "Egg" Salad

Veggies

tomato, red onion, cucumber, spinach, alfalfa sprouts, sauerkraut, carrots, lettuce, avocado*, Mediterranean veggie mix*

Add-ons

Extra veggies, cheese, spreads **+50¢**

Extra meat/meat alternative, avocado, mixed Mediterranean veggies, gluten-free bread **+\$1**

We want you to know that foods prepared and displayed in this area MAY CONTAIN trace amounts of **peanuts, tree nuts, soy, milk, eggs, wheat, fish or crustacean shellfish** due to shared equipment.

At the Common Market, we understand that every customer has different dietary needs, and we work to meet those needs. If you have dietary needs or restrictions, please let our friendly Café staff know so we can do our best to accommodate your needs.

JUICES, SMOOTHIES, & COFFEE

Organic Smoothies **\$7.49**

Georgia Peach
organic peach, banana, yogurt*, milk*, peach juice, honey

Banana Buzz
organic banana, iced coffee, milk*, chocolate

Fun in the Sun
organic mango, pineapple, strawberries, bananas, coconut yogurt*, peach juice

Heart Beet
organic beet, carrot, ginger, apple, apple juice

Peachy Green
organic peach, banana, spinach, peach juice, milk*, honey

Super Green
organic pineapple, spinach, kale, apple, apple juice

Banana Bread
organic banana, cinnamon, almond milk*, almond butter

Berry Blast
organic blueberry, strawberry, raspberry, coconut yogurt*, almond milk*, agave

Strawberry Banana
organic strawberry, banana, yogurt*, milk*, honey

Dreamsicle
organic banana, mango, coconut milk*, fresh orange juice, vanilla

Blended Chai
chai, oat milk*, organic banana, vanilla, cinnamon

*substitute dairy/non-dairy | sweeten with honey, agave, or chocolate syrup at no extra charge

Build Your Own Smoothie **\$7.99**

PICK 3 | organic strawberry, banana, mango, pineapple, beet, blueberry, raspberry, spinach, kale, apple, peaches

PICK 1 | organic apple juice, almond milk, coconut milk, oat milk, organic whole milk, organic skim milk, organic peach juice

PICK 1 | plain coconut milk yogurt
- or -
organic whole dairy yogurt

Organic Juices **\$8.49**

Green Monster
organic cucumber, celery, spinach, kale

Electric Green Lemonade
organic apple, kale, lemon

Sweet Beet
organic beet, apple, carrot

Immune Boost
organic carrot, orange, lemon, ginger

Ecto Kooler
organic pineapple, orange, kale, apple

Green Apple
organic apple, cucumber, ginger, spinach

"Singles" Bar: orange, carrot, celery, or apple juices

Build Your Own Juice **\$8.99**

Pick up to 4 ingredients
with at least one base

BASE | organic cucumber, orange, carrot, apple, celery

MIX IN | organic celery, kale, ginger, beet, pineapple, spinach, lemon, lime

Additional fruit or veggie \$1

Coffee & Lattes

Milk options: organic whole milk, organic skim milk, almond milk, coconut milk, oat milk

	S	M	L	XL
Latte	\$3.49	\$3.79	\$4.09	\$4.29
Signature Flavored Latte	\$3.99	\$4.29	\$4.59	\$5.09
Americano	\$2.49	\$2.69	\$2.99	\$3.49
Espresso	\$1.70	\$3.20		
Hot Chocolate	\$2.69	\$2.89	\$3.09	\$3.39
Chai Latte	\$3.29	\$3.59	\$3.89	\$4.09

Flavored Syrups: Mocha, Vanilla, Caramel, Salted Caramel, Hazelnut, Peppermint, Seasonal

Espresso Shot | \$1.50 ea. Flavored Syrup | .50¢ ea.

Beverages On Tap

Stage Line Nitro Cold Brew Coffee **16 OZ**
\$3.99

\$1 BOOSTS

organic almond butter, organic peanut butter, spirulina powder, chia seeds, hemp protein, whey protein, PlantFusion protein, XCT Oil, additional fruit or veggie, OM Chaga Mushroom Powder