

# 7th Street Café Menu

## SANDWICHES & WRAPS

### Breakfast (served until 11am only)

<b>Bagel</b> <b>Vn</b>	\$1.49
<b>Bagel with Cream Cheese</b> <b>Vg</b>	\$3.49
<b>Heuvos Rancheros Wrap</b> <b>Vn</b> ●	
spinach wrap, egg, bacon, cheddar, refried beans, corn chips, chipotle spread, salsa (vegan: just egg patty, Vegan cheese, vegan chorizo crumble)	\$7.99
<b>Smoked Salmon Bagel</b> ●	
bagel, smoked salmon spread, capers, red onion, arugula	\$7.99
<b>Egg &amp; Cheese</b> <b>Vg</b> ●	
bagel, egg, cheese.	\$5.99
(add protein for \$1.00, veg/spread/cheese 50¢)	

### Simply Perfect **\$5.49**

**Toasted Cheese** **Vg** ●  
choice of cheese on your choice of bread

*\*In an effort to reduce cross-contamination, we will no longer be making PB&Js to order. They will be available in the Grab 'n Go section daily.*

### Signature Sandwiches **\$8.49**

**Tomato & Mozzarella** **Vg** ●  
tomato, mozzarella, with a pesto spread on a ciabatta

**Vegan Hummus** **Vn** **Vg** **DF**  
house-made hummus, tomato, cucumber, carrots, mixed Mediterranean veggies on a spinach wrap

**Super Veggie** **Vg**  
lettuce, tomato, sprouts, veggie yogurt cheese, cucumbers, carrots, dijonaise on honey multigrain

**Chicken Salad Wrap**  
house made chicken salad, lettuce, spinach wrap

**DF** Dairy Free    **Vn** Vegan    **Vg** Vegetarian    ● Toasted

### Premium Sandwiches **\$9.49**

**Turkey/Vegan Reuben** **Vn** **Vg** ●  
turkey/Field Roast®, Swiss/vegan Gouda, Russian dressing, sauerkraut on rye

**Mediterranean** **Vg** ●  
portobello mushrooms, pesto spread, mozzarella topped with Mediterranean veggie mix on ciabatta

**Common Market BLT/Seitan Stack** **Vn** **Vg** **DF** ●  
bacon/seitan, tomato, lettuce, red onion, vegan chipotle spread on sourdough

**Fak'n Egg Salad Wrap** **Vn** **Vg** **DF**  
tofu "egg salad", seitan, sprouts, carrots, lettuce, vegan chipotle spread on a spinach wrap

**Common Market Club** **DF**  
turkey/Field Roast®, bacon/seitan, spinach, tomato, avocado, vegan chipotle spread on a spinach wrap

**Garden Turkey**  
turkey, spinach, avocado, sprouts, red onion, veggie yogurt cheese, vegan mayo on honey multigrain

**Ham & Swiss**  
ham, Swiss, red onion, lettuce, tomato, dijonaise on rye

**Turkey Apple Cheddar Melt** ●  
turkey, sliced apple, cheddar, dijonaise on sourdough

**Tuna Melt** ●  
sustainably-caught tuna, cheddar, avocado on honey multigrain

**Common Market Roast Beef** ●  
roast beef, cheddar, red onion, tomato, vegan chipotle spread on sourdough

### Build Your Own

**Veggie**  
your choice of bread, 1 cheese or cheese alt., 2 spreads, up to 4 veggies **\$3.49**

**Classic**  
your choice of bread, 1 meat or meat alt., 1 cheese or cheese alt., 1 spread, 2 veggies **\$9.49**

### Breads

spinach tortilla, rye, sourdough, honey multigrain, ciabatta, plain bagel, everything bagel, gluten-free everything bagel\*, gluten-free O'Doughs flatbread\*, gluten-free Northern Bakehouse Whole Grain

### Spreads

Russian dressing, vegan chipotle spread, whole grain mustard, vegan mayo, hummus, dijonaise, hot sauce, pesto spread

### Cheeses

cheddar, Swiss, mozzarella, vegan gouda, veggie yogurt cheese

### Meats

oven-roasted turkey, oven-roasted ham, roast beef, bacon, tuna salad

### Meat Alt.

seitan, seasoned portobello mushrooms, Field Roast®, Eggless "Egg" Salad

### Veggies

tomato, red onion, cucumber, spinach, alfalfa sprouts, sauerkraut, carrots, lettuce, avocado\*, Mediterranean veggie mix\*

### Add-ons

Extra veggies, cheese, spreads **+50¢**

Extra meat/meat alternative, avocado, mixed Mediterranean veggies, gluten-free bread **+\$1**

We want you to know that foods prepared and displayed in this area **MAY CONTAIN** trace amounts of **peanuts, tree nuts, soy, milk, eggs, wheat, fish or crustacean shellfish** due to shared equipment.

At the Common Market, we understand that every customer has different dietary needs, and we work to meet those needs. If you have dietary needs or restrictions, please let our friendly Café staff know so we can do our best to accommodate your needs.

## JUICES, SMOOTHIES, & COFFEE

### Organic Smoothies **\$7.49**

**Georgia Peach**  
organic peach, banana, yogurt\*, milk\*, peach juice, honey

**Banana Buzz**  
organic banana, iced coffee, milk\*, chocolate

**Fun in the Sun**  
organic mango, pineapple, strawberries, bananas, coconut yogurt\*, peach juice

**Heart Beet**  
organic beet, carrot, ginger, apple, apple juice

**Peachy Green**  
organic peach, banana, spinach, peach juice, milk\*, honey

**Super Green**  
organic pineapple, spinach, kale, apple, apple juice

**Banana Bread**  
organic banana, cinnamon, almond milk\*, almond butter

**Berry Blast**  
organic blueberry, strawberry, raspberry, coconut yogurt\*, almond milk\*, agave

**Strawberry Banana**  
organic strawberry, banana, yogurt\*, milk\*, honey

**Dreamsicle**  
organic banana, mango, coconut milk\*, fresh orange juice, vanilla

**Blended Chai**  
chai, oat milk\*, organic banana, vanilla, cinnamon

\*substitute dairy/non-dairy | sweeten with honey, agave, or chocolate syrup at no extra charge

### Build Your Own Smoothie **\$7.99**

**PICK 3** | organic strawberry, banana, mango, pineapple, beet, blueberry, raspberry, spinach, kale, apple, peaches

**PICK 1** | organic apple juice, almond milk, coconut milk, oat milk, organic whole milk, organic skim milk, organic peach juice

**PICK 1** | plain coconut milk yogurt  
- or -  
organic whole dairy yogurt

### Organic Juices **\$8.49**

**Green Monster**  
organic cucumber, celery, spinach, kale

**Electric Green Lemonade**  
organic apple, kale, lemon

**Sweet Beet**  
organic beet, apple, carrot

**Immune Boost**  
organic carrot, orange, lemon, ginger

**Ecto Kooler**  
organic pineapple, orange, kale, apple

**Green Apple**  
organic apple, cucumber, ginger, spinach

"Singles" Bar: orange, carrot, celery, or apple juices

### Build Your Own Juice **\$8.99**

**Pick up to 4 ingredients**  
with at least one base

**BASE** | organic cucumber, orange, carrot, apple, celery

**MIX IN** | organic celery, kale, ginger, beet, pineapple, spinach, lemon, lime

Additional fruit or veggie \$1

### Coffee & Lattes

Milk options: organic whole milk, organic skim milk, almond milk, coconut milk, oat milk

	S	M	L	XL
<b>Latte</b>	\$3.49	\$3.79	\$4.09	\$4.29
<b>Signature Flavored Latte</b>	\$3.99	\$4.29	\$4.59	\$5.09
<b>Americano</b>	\$2.49	\$2.69	\$2.99	\$3.49
<b>Espresso</b>	\$1.70	\$3.20		
<b>Hot Chocolate</b>	\$2.69	\$2.89	\$3.09	\$3.39
<b>Chai Latte</b>	\$3.29	\$3.59	\$3.89	\$4.09

Flavored Syrups: Mocha, Vanilla, Caramel, Salted Caramel, Hazelnut, Peppermint, Seasonal

Espresso Shot | \$1.50 ea.    Flavored Syrup | .50¢ ea.

### Beverages On Tap

**Stage Line Nitro Cold Brew Coffee** ..... **16 OZ**  
\$3.99

## \$1 BOOSTS

organic almond butter, organic peanut butter, spirulina powder, chia seeds, hemp protein, whey protein, PlantFusion protein, XCT Oil, additional fruit or veggie, OM Chaga Mushroom Powder