



Looking to stretch your grocery budget? So are we!

Co-op basics offers over 100 high-quality products at everyday low prices for all!

PRODUCE

Look for the Co+op Basics signs in the produce department for best value selections.

GROCERY

EQUAL EXCHANGE Coffee

FIELD DAY Organic Instant Oatmeals

FIELD DAY Organic Sprays & Oils

FIELD DAY Organic Dressings & Sauces

FIELD DAY Organic Snacks & Cookies

FIELD DAY Organic Fruit Snacks

FIELD DAY Organic Pastas & Rice

FIELD DAY Organic Mac & Cheeses

FIELD DAY Organic Brown Rice Pastas

FIELD DAY Organic Canned Tuna

FIELD DAY Organic Sea Salt & Spices

FIELD DAY Organic Canned Beans & Vegetables

FIELD DAY Organic Fruit Cups

FIELD DAY Organic Maple Syrup

FIELD DAY Organic Applesauce

FIELD DAY Organic Broths

FIELD DAY Organic Salsa

FIELD DAY Organic Coconut Milk

FIELD DAY Organic Cereals

FIELD DAY Organic Sparkling Water

FIELD DAY Organic Cereal Bars

FIELD DAY Organic Popcorn

FIELD DAY Organic Honey

FIELD DAY Organic Condiments

FIELD DAY Organic Juices

FIELD DAY Organic Peanut Butter & Fruit Spreads

FIELD DAY Organic Coconut Sugar & Flour

WILD HARVEST Chocolate Sandwich Cookies

WILD HARVEST Cannellini Beans

FROZEN

CASCADIAN FARM Fruit

SILVER HILLS BAKERY Breads

UDI'S Breads

MEAT

APPLEGATE FARMS Chicken Tenders/ Nuggets, Prepackaged Deli Meats, Hot Dogs, Breakfast Meats

THOUSAND HILLS CATTLE COMPANY Grass-Fed Ground Beef

REFRIGERATED

CHOBANI Greek Yogurts

GREEK GODS Yogurts

FAGE Greek Yogurts

ORGANIC VALLEY Milks

ORGANIC VALLEY Cheeses

SILK Almond Milk

SILK Soy Milk

SILK Cashew Milk

SILK Oat Milk

WELLNESS

ALAFFIA Black Soaps, Body Washes, Lotions, Shampoos, & Conditioners

CLIF Bars

LUNA Bars

EO Hand Sanitizer

FIELD DAY Body Wash, Lotions, Shampoos & Conditioners, Hand Soap

JASON Toothpaste & Mouthwash

SEVENTH GENERATION Liners, Pads, & Tampons

BABY

EARTH'S BEST Baby Foods

EARTH'S BEST Smoothies

FIELD DAY Unscented Baby Wipes

SEVENTH GENERATION Diapers

HOUSEHOLD

FIELD DAY Trash Bags

FIELD DAY Bath Tissue

FIELD DAY Paper Towels

FIELD DAY Dish Detergent

FIELD DAY Free & Clear All Purpose Cleaner

Don't miss out on these other great ways to save:

- ▶ **Co+op Deals** - Our biweekly flyer focused on packaged grocery.
- ▶ **Market Deals** - Our weekly flyer focused on fresh produce, meat, & seafood.
- ▶ **Shopping our Bulk Department** - Save by buying just what you need, a pinch or a pound.

Everyday Low Prices

